

Food Equality Creative Methods Toolkit



Collage



METHOD NO. 2

Suggested session plan: Face to Face. Session total time approx. 3 hours from set up to feedback.

TIMING	ACTIVITY	FOCUS/OUTCOME
20 MINUTES	Lay out materials on tables: folded paper, zine templates, magazines and newspapers. Have some examples to hand. Set up refreshments and seating.	<ul style="list-style-type: none"> Materials are accessible when participants arrive. Examples help explain the purpose of the activity and possible outcomes.
10 MINUTES	Introduction: Discuss examples, how they describe a story/point of view using found images and text. As a group, decide if there is a common theme or if people want to work individually. Ensure you have consent for the workshop.	<ul style="list-style-type: none"> Participants are clear about what a zine is. Topics to be discussed and how their work may be used.
15 MINUTES	Suggested icebreaker or warm up activity: Ask participants to select two or more items/images and place them in a sequence. Facilitator circulates to discuss the images/items in small groups.	<ul style="list-style-type: none"> Experiment arranging found materials (images, photos, text) to create a narrative or sequence. Opportunity to ask questions.
60 MINUTES	Main activity. Working individually works well in a face to face setting. 1. Select images or texts and arrange them to create a narrative. You can plan on a storyboard or directly onto the zine. 2. Use the draft zines or storyboard to discuss the ideas. 3. Discuss how a final outcome will look. Do you want to continue the work into the next session?	<ul style="list-style-type: none"> draw on conversations or visual work made in previous sessions. Explore in more depth a specific issue or topic previously discussed. Represent individual perspectives of complex issues, such as food insecurity.
15 MINUTES	Discuss the images and work that has been made. Possible questions and/or prompts: "What is the main idea or view you want to share?" or "Is there anyone who you would like to see/read it?"	<ul style="list-style-type: none"> Record the information and any additional points. Photograph the zines. Make audio recordings of discussions.
15 MINUTES	Reflection: Evaluate the sessions and the process. Was it clear, was it helpful in supporting conversations?	<ul style="list-style-type: none"> Complete evaluation forms. Incorporate learning into future workshops.
10 MINUTES	WHAT NEXT? WHO WOULD YOU SHARE THIS INFORMATION WITH? HOW WILL YOU SHARE IT? SESSION ENDS	<ul style="list-style-type: none"> Discuss and agree next steps. How will this inform your next workshop and the wider project?