

Food Equality Creative Methods Toolkit



Zine Making

METHOD NO.3

ZINE MAKING: WHAT IS IT AND WHY DO IT?

A 'ZINE', IS A SMALL PAPER BOOKLET MADE BY A GROUP OR INDIVIDUAL ABOUT A TOPIC OF SPECIAL/SHARED INTEREST WHICH MIGHT NOT BE FOUND IN A MAINSTREAM PUBLICATION.

- **Is there particular issue or point of view, you want to share more widely?**
- **Are there themes you've discussed that you want to develop further?**

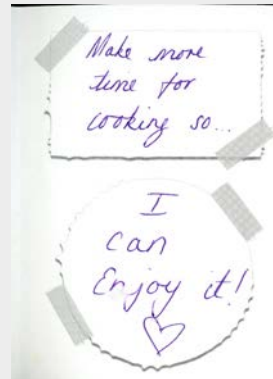
- A zine can provide space to develop ideas or stories in more depth.
- It's cheap to make, can be reproduced and shared easily.
- A zine is made by arranging images, text or photos onto the pages in a narrative sequence.
- Works best as the main activity for sessions.
- This might take a few sessions to complete. Everyone will work differently.



Notes and tips:

People will engage very differently with this activity, particularly if run over more than one session. Some will want to work in depth and others will work quickly.

Are there other activities or tasks that some participants could do, such as photographing the work or taking notes for example?



RESOURCES AND PREPARATION:

FACE TO FACE

- Sheets of A3 paper to fold the zine, (instructions link here) prepare a few templates in advance
- Old magazines, comics and newspapers (build up a collection)
- Other items of significance, drawings, postcards
- Scissors and glue

Bring examples - different ways of creating narratives and sharing viewpoints.

This also works as an online session, sharing material digitally.*

NEXT STEPS:

CAPTURE AND RECORD THE ZINES, TAKING PHOTOS OR PHOTOCOPY COMPLETED ZINES.

RECORD AND TRANSCRIBE THE CONVERSATIONS.

THINK ABOUT WHO YOU WILL SHARE THE ZINES WITH AND HOW YOU WILL DISTRIBUTE THEM.

